



Photo credit: Alexis MacDonald/SLF
Project: Kulich Youth Reproductive Health and Development Organization (KYRHDO) in Ethiopia

Grandmothers 4 Grandmothers Regina Newsletter

May 2018

EVENTS and ACTIVITIES

MAY

- 4 – Coffee Safari Stop
- 15 – G4G Meeting

JUNE

- 1 – Coffee Safari Stop
- 9 – A Chair Affair
- 16 - Bazaar
- 19 – G4G Meeting

JULY

- 6 – Coffee Safari
- No Meeting

AUGUST

- 3 – Coffee Safari
- 21 – G4G Meeting

SEPTEMBER

- 7 – Coffee Safari
- 18 – G4G Meeting
- 22 – Art from the Attic

OCTOBER

- 5 – Coffee Safari
- 16 – G4G Meeting

OUR MISSION STATEMENT

We fundraise for the Stephen Lewis Foundation to support African grandmothers who are raising a generation of children orphaned by AIDS.

A CHAIR AFFAIR

It's not long until **A Chair Affair** on June 9th! Tickets are selling; excitement is building, and plans are just about complete.

The catalogue is in production and will be posted on our website shortly. You'll be able to see photos of the completed chairs along with a brief bio from each of the artists. Print copies will be available at the June 9th event.

Please send the poster to your contacts – we need lots of prospective buyers attending! And spread the word any other way you can.



These creations by the Grade 2 students at Lakeview Elementary School will be auctioned on June 9th at A Chair Affair



INNOVATION GROUP

Fourteen members came together for the recent **Women, Wisdom and Wine – An Innovation Gathering**. There were many interesting ideas shared, which were then taken to the April G4G meeting to be explained and prioritized. Further discussion will take place at subsequent meetings to determine our activities for 2018-2019.



WE'RE MOVING!



After 12 years of providing G4G with great support, the Regina Community Clinic will no longer be able to provide space to our organization for our monthly meetings. Times change and we needed to find a new meeting place for next year.

The new G4G Regina year will find us at The Guide Centre, 1530 Broadway Avenue. With this arrangement, we'll be able to keep to the same day and time for our meetings. The booking starts with the Tuesday, August 21st members meeting. For the \$35 + GST per evening fee, we will have access to a large meeting room with comfortable chairs, a full kitchen, and WiFi!

As the Community Clinic is having its annual meeting on June 19th, which is our regular G4G meeting night, we have made other arrangements.

To celebrate our past year, we will hold a social/wrap-up in the amenities room at 2909 E. Arens Road. Our thanks to Arlene Frolick for booking the space in her condo building. A potluck supper will begin at 6:00, followed by the regular meeting starting at 7:00 pm. Please watch your email for further information.



GETTING TO KNOW YOU...Barb Quine

When and how did you hear about Grandmothers 4 Grandmothers, and what made you decide to join?



Twelve years ago, I received a phone call from Sheila Fahlman, a good friend of mine for many years, and she invited me to join her and a few women to discuss the possibility of starting up a Grandmothers to Grandmothers group in Regina. A group had been started in Saskatoon, so Sheila had been pondering the idea for quite some time that Regina should have one too. From that day forward, I knew I wanted to be involved with this wonderful cause. It is an important part of my life and all the friendships that I have made over the years have been a true blessing.

How many grandchildren do you have, and do they live close by or do you travel to visit them?

I have three grandchildren, all who live in Regina. Their names are Aiden, 14, Elliott, 10 and Frankie, 9 months. I am fortunate to see them often and they are the light and laughter in my life.

What is something you think everyone should do at least once in their life?

Everyone should grow a garden and watch it flourish. There is nothing more satisfying than harvesting fresh vegetables and fruits that have been lovingly cared for by you.

What saying or quote (that you hear people repeat) do you think is absolute nonsense? Why?

"Good night, don't let the bed bugs bite". My father used to say that to me before bed when I was a child and for a few years I was terrified of the bugs. I would raise my legs as high as I could on the wall so they couldn't reach me.

What invention do you think is the most useful for people, but Grandmothers in particular?

I think hearing aids are the most useful invention for grandmothers. There is nothing worse than being talked about and you don't even know it.

FROM THE GARDEN FOR 'A CHAIR AFFAIR'



Vic Cicansky



Janice Moser



Patricia Volgelsang

EXECUTIVE COMMITTEE

Rosanne Glass and Gail Greenberg, Co-Chairs
Danni Boyd, Secretary
Jan Stirr and Candice Gross, Co-Treasurers
Susan Holmes, Communication (susan.holmes@sasktel.net)
Sheila Fahlman, Education (sfahlman@sasktel.net)
Linda Mann, Membership (linda.mann@sasktel.net)
Merchandise – vacant
Sponsorship – vacant

STANDING COMMITTEES

Communication

Susan Holmes, Chair
Nola Ayers
Janet Bailey
Sheila Fahlman
Cathy Kirby-Tapp
Jane Newton
Violet Smotra-Cook

Education

Sheila Fahlman, Chair
Catherine Arthur-MacDonald
Sheila McKague
Bev Zizzy

Membership

Linda Mann, Chair
Sharon David
Arlene Frolick
Laureen Graham
Barb Quine
Nancy Thue

Merchandise

Chair - vacant
Judy Cormier

Sponsorship

Chair - vacant

If you'd like to share your skills and passion on one of our Committees, please be in touch with Gail or Rosanne!



MERCHANDISE

Mark your calendars! **Saturday, June 16th** G4G will have a merchandise stall at Bazaar, MacKenzie Art Gallery.

Thank you to those who have volunteered to sew bags for sale on the 16th. The sewers have been hard at work and continue to be. We will have 40 plus bags for sale. Thank you to those who have already volunteered to work at the stall on the 16th. We will need more volunteers, so email Mary Wallace at wallacemary0905@gmail.com.

The other product for sale is table napkins hand-made made from Shweshwe fabric from South Africa. They will be beautiful. Customers can mix and match. The fabric is on its way and we should have a sample at the May meeting. We do need volunteers who have sergers to turn the fabric into table napkins. If you are willing to help with this, please email Mary.



Many of our members are coming up with new ideas for merchandise. We are filing those wonderful ideas until we see how our sales go on June 16th.

Please let your friends know that we will be at Bazaar and encourage them to stop by our G4G stall.

JOIN US IN THE PARADE

G4G Regina has been invited to participate in the Cathedral Village Arts Festival Parade. The parade leaves Holy Rosary Park at 11:30 on Monday, May 21st and arrives at Les Sherman Park around noon. If you'd like to be part of our group, and are prepared to walk, dance, or strut your stuff, please let us know! Let's hope for a fine day, so our green t-shirts will show!



Remember June 2016?

COFFEE SAFARI



Friday, June 1 – that's the date of our next Coffee Safari. We'll be gathering at **Naked Bean**, 2505 Broad Street (also parking on Badham Blvd), and hope to see you there between 9:30ish and 11:30ish!

We will continue the Coffee Safaris during the summer. If you're in town, please join us on July 6 at Skye Café & Bistro, 2903 Powerhouse Drive (Science Centre), and on August 3 at Le Macaron, 2705 E Quance Street.

LETTER TO THE STEPHEN LEWIS FOUNDATION

Dear People,

It is with heavy hearts that we read the recent communique about Stephen's health. Although cancer seems to be ubiquitous, each time one hears of someone we know diagnosed with the disease, it hits hard. It is our sincere hope that Stephen devotes his energy to treatment, with the understanding and confidence that the Grandmothers Campaign sits on a solid foundation, secured by the work and efforts of many hands.

We wish Stephen and his loved ones strength to navigate the days and months ahead.

Best wishes, on behalf of all our G4G Regina members,

Rosanne Glass & Gail Greenberg, Co-chairs



A QUOTE

What you leave behind is not what's engraved in stone monuments, but what is woven into the lives of others.

~ Pericles

THE BOOKSHELF

FICTION

Glass Houses by Louise Penny

If you have met Chief Superintendent Armand Gamache of the Surete du Quebec, please excuse me. If you have not, then let me introduce you to one of the most remarkable and admirable characters in fiction. Let me also introduce you to the fictional village of Three Pines that fans of the books of Louise Penny try to find but alas never can as it is a conglomeration of locations. When Louise Penny first began writing about Gamache she was rejected by 50 publishers. To date, 13 novels have been published, and numerous awards won. Every person who has read her books has a favourite character, a favourite story and an investment in the characters. Personally, I love the old poet and her duck that quacks in a 4-letter word (non-publishable). I chose 'Glass Houses' because it is her latest, but they are all worth reading. Please do.

~ Linda Mann

NON-FICTION

Ayesha's Gift by Martin Sixsmith

This true story of a daughter's search for the truth about her father takes the reader from England and Pakistan, and two very different political and police cultures. Interspersed in Ayesha's story is that of the author, as he examines and tries to deal with his own family tragedies.

Fast moving and easy to read, this biography sheds light on the sinister plots of Pakistani authorities and its local mafia. It confronts issues of identity and belonging for Ayesha, as a woman born in Pakistan and living in Britain.

~ Sheila Fahlman

FROM OUR TALENTED MEMBERS FOR 'A CHAIR AFFAIR'



A Tuffet, by Judy Cormier, using quilting techniques

Summer Flowers, hand carved by Danni Boyd, with assistance from artistic woodworker, John Boyd



Gail Greenberg: 306-761-2304

Rosanne Glass: 306-525-4067

g4gregina@sasktel.net

www.grandmothers4grandmothersregina.com