

# Grandmothers 4 Grandmothers Regina

Newsletter  
May 2017



## ART FROM THE ATTIC

**ART**  
from the  
**ATTIC**

Treasures and Bargains  
at a giant recycled

**ART SALE**  
Saturday, September 16, 2017  
10 am to 5 pm  
Cathedral Neighbourhood Centre  
2900 13th Avenue, Regina

Proceeds support the grandmothers of sub-Saharan Africa  
through the work of the Stephen Lewis Foundation

**WANT TO DONATE ART?**  
Drop-off locations:  
Elements of Colour/Benjamin Moore Paints, 4528 Albert  
Colorburst Paint Benjamin Moore, 551 Albert Street  
Independent Living, 3870 E Eastgate Drive  
Atelier Arts, 2076 Albert Street

*Last day for donations is September 11*

For additional information, call:  
306-761-2304

Storage Sponsor  
**HARVARD**  
communities  
harvardcommunities.ca

g4gregina@sasktel.net  
www.grandmothers4grandmothersregina.com

As we head into our 5<sup>th</sup> AFTA sale, members interested in helping plan the event recently met. One of the highlights was looking at ways to build on strengths while introducing innovations and changes based upon your recommendations. This year, we are offering G4G Members and Friends of G4G the opportunity to donate one/several of the numerous items required to prepare, price and showcase art.

Please review the list on the next page, circulate far and wide, and call or email Gail (306-761-2304, support@imgCommunicationSpecialist.com) to let her know what you can donate. Once we gather these items, they will be stored in the AFTA Supply Box. And please, do not hesitate to select an item commensurate with your budget as we need vinegar and Goo Gone just as much as a small claw hammer!

Grandmothers 4 Grandmothers Regina

www.grandmothers4grandmothersregina.com; [g4gregina@sasktel.net](mailto:g4gregina@sasktel.net)

## EVENTS and ACTIVITIES

### MAY

13 – Swing into Spring  
16 – G4G Meeting

### JUNE

20 – G4G Meeting

### JULY

No meeting

### AUGUST

15 – G4G Meeting

### SEPTEMBER

16 – Art from the Attic  
19 – G4G Meeting

### OCTOBER

17 – G4G Meeting

### NOVEMBER

5 – Scrabble & More!  
21 – G4G Meeting

## OUR MISSION STATEMENT

*We fundraise for the Stephen Lewis  
Foundation to support African  
grandmothers who are raising a  
generation of children  
orphaned by AIDS.*

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## Art Preparation Items

### Cleaning

- 3-4 Spray bottles
- Vinegar
- Rags
- Paper Towels
- Glass Scrapers
- Goo Gone
- Scrubby pad
- Fine Steel wool

### Pricing

- Labels
- Highlighters
- Scissors
- Pens

### Day of Sale Pricers' Kit

- Multi-headed screwdriver
- Rags
- Matt knife
- String
- Hammer
- Finishing nails
- Extra price tags
- "This item will not be reduced in price" tags
- Highlighters
- Black tablecloths for the \$100+ room

### Framing Equipment

- Picture Framers Point Driver (like a Flexmaster)
- Glazier's hammer
- Small claw hammer
- Large square
- Straight edge
- 2-3 straight slot screwdrivers
- 1 multi head screwdriver
- 2 matt knives
- 2 box cutters
- 2 tape measures
- Pencils
- Glue
- 2-3 pairs of scissors
- Small finishing nails
- Roll of brown paper for backing
- Tape: green, masking, Kraft paper tape, double sided tape, acid-free tape
- Markers – water based and permanent
- Spray Paint for frames and matting
- Flat Cardboard for backing unframed pieces
- Clear garbage bags or clear envelopes of different sizes to cover unframed pieces
- Strapping tape



## EXECUTIVE COMMITTEE

Mary Wallace and Susan Whittick, Co-chairs  
Danni Boyd, Secretary  
Marion Tudor and Jan Stirr, Co-Treasurers  
Susan Holmes, Communication ([susan.holmes@sasktel.net](mailto:susan.holmes@sasktel.net))  
Sheila Fahlman, Education ([sfahlman@sasktel.net](mailto:sfahlman@sasktel.net))  
Linda Mann, Membership ([linda.mann@sasktel.net](mailto:linda.mann@sasktel.net))  
Merchandise - vacant  
Gail Greenberg, Sponsorship ([support@IMGcommunicationspecialist.com](mailto:support@IMGcommunicationspecialist.com))

## STANDING COMMITTEES

### Communication

Susan Holmes, Chair  
Nola Ayers  
Janet Bailey  
Sheila Fahlman  
Cathy Kirby-Tapp  
Jane Newton  
Violet Smotra-Cook

### Education

Sheila Fahlman, Chair  
Catherine Arthur-MacDonald  
Sheila McKague  
Bev Zizzy

### Membership

Linda Mann, Chair  
Ethia Brown  
Sharon David  
Arlene Frolick  
Laureen Graham  
Barb Quine  
Nancy Thue

### Merchandise

Chair - vacant  
Judy Cormier

### Sponsorship

Gail Greenberg, Chair  
Danni Boyd  
Bette Craig  
Barb Quine

## INNOVATIONS GROUP

According to Wikipedia, "Innovation can be defined simply as a new idea, device or method. However, innovation is often also viewed as the application of better solutions..."

The intent of the G4G Innovations Group is to give members the opportunity to reflect on the work we do, the benefits to us as members, and so much more.



One area that requires some thought is how to get the word out about our events. We have limited print media coverage, and the visual media and social media coverage only reaches so far. Let's use the Innovations Group as a place to brainstorm and see whether we can find a solution.

Please join us to continue the conversation – Tuesday, June 20<sup>th</sup>, from 6:00 to 6:55 p.m. at the Regina Community Clinic.

## SWING INTO SPRING WITH ROSIE & THE RIVETERS

Swing into Spring with Rosie & the Riveters was a warm and wonderful evening of marvellous music, fabulous food, friendship and fun. Thank you so much to all who attended and all who generously donated time, talent and goods in support of the event. Our team of volunteers worked very hard to make the evening a success.



The raffle, silent auction and merchandise were well supported and this compensated for ticket sales that were lower than in previous years.

In the coming weeks we will discuss and evaluate the event and we would love to hear from you. If you attended, let us know what you liked and ideas for improvement. If your friends and family attended, what did they think? We value your ideas and your involvement. Please contact Nola with your comments at [ayers@sasktel.net](mailto:ayers@sasktel.net).

## THE POWER OF COMMUNITY

### *The 'Resilience Effect'*

The return of resilience to the communities in which the Stephen Lewis partner organizations work in sub-Saharan Africa is one of the great untold stories of the HIV&AIDS response.

"Over the past two years, our grassroots partners have used their perceptiveness, understanding and expertise to 'crack the code', developing new and different markers for gauging signs of emotional and psychological improvement. Nothing quite like this has been done before."

The examples covered by this research include: Psychological and Emotional Support; The Expertise of Community-Based Organizations; Working with Children; and The Importance of Peer Support.

For the full article, please see the latest Grassroots Newsletter at [www.stephenlewisfoundation.org/news-resources/grassroots-newsletter/spring-2017](http://www.stephenlewisfoundation.org/news-resources/grassroots-newsletter/spring-2017).

